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NUTRITION COMMITTEE NEWS

For exchange of information on nutrition education and school lunch activities.

U. S. DEPARTMENT OF AGRICULTURE, Washington, D. C.

NOVEMBER-DECEMBER 1956

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INTERAGENCY COMMITTEE ON NUTRITION EDUCATION AND SCHOOL LUNCH

WHAT ICNEL DID IN 1955-56

Efforts in which ICNEL engages vary from year to year. Six broad areas of work delineate the types of nutrition education and school lunch activities which the Committee and its member agencies are likely to pursue. (See Winter 1955-56 issue of NCN.) During the past year particular attention was given to (1) exchanging information on food and nutrition programs; (2) providing consultant and liaison service; and (3) facilitating preparation of materials needed to help people improve their diets and nutritional well-being.

What ICNEL does is similar to what other nutrition committees do or might do. Therefore, selected activities of ICNEL during 1955-56 are described briefly below—for their information and idea-generating value. Further details can be obtained from Nutrition Programs Service, United States Department of Agriculture, Washington 25, D. C.

Information exchange

FIELD TRIP TO THE NATIONAL INSTITUTES OF HEALTH. There Dr. James M. Hundley, Chief of Laboratory Research, National Institute of Arthritis and Metabolic Diseases, and members of his staff gave summaries of their nutrition research including investigations in new areas. They also told about the Interdepartmental Committee on Nutrition for National Defense, a coordinating group started more than a year ago, whose secretariat is located at NIH.

The Interdepartmental Committee collects data of nutritional significance for countries mutually allied for defense. Survey teams include clinicians, biochemists, nutritional specialists, food technologists, and a number of technicians. Medical and laboratory people of the countries also serve on the teams and learn, while doing, how nutrition surveys are made in the United States.

OTHER INFORMATION PROGRAMS. Several meetings during the year contributed to a better understanding of the food and nutrition activities of member agencies and of organizations having related programs. At one meeting Lewis J. Jones, field representative, Federal Extension Service, described what is happening in the States on the Rural Development Program. This program is designed to help farm families in low-income and underdeveloped areas in the United States plan better use of their resources.

Another meeting participated in by several agencies from the Department of Health, Education, and Welfare, and from Agriculture, was devoted to federal programs for the ultimate consumer. Persons responsible for these programs told about food preference studies and how findings have been used to improve food on the market, about development of informational materials for consumers, and about current programs in distributive education for training high school youths and adults.

Exchange of information at regular monthly meetings, which was started soon after the Committee came into being, continues to keep members informed on current developments in ICNEL and related agencies, in Washington, D. C., as well as in the States.

VIEWING FILMS. Thirteen films and six filmstrips relating to nutrition or school lunch were seen during the year. A subcommittee developed a form for recording important factual data on each film and filmstrip viewed. Filled forms are attached to minutes of meeting. At their request, the data sheets were made available to the American Dietetic Association which publishes a bibliography on Food and Nutrition Films for All Ages.

A personal evaluation form for use of members during viewing of films or filmstrips also was developed.

World Health Day is April 7. It's not too early to start your program plans now.

Consultant and liaison service

FOOD FOR HAITI. In late summer of 1955, the American National Red Cross requested ICNESL members to help to determine the best foods to send to Haiti. People of that country were suffering from famine—an aftermath of a hurricane the previous year. The Red Cross was acting for the United States Government from which the Haitian Government had requested vitamins, plasma, and food.

SCHOOL LUNCHES FOR CHILDREN OF AGRICULTURAL MIGRANTS. At the request of the Interdepartmental Committee on Children and Youth, members of ICNESL explored with their associates and State counterparts the extent to which the school lunch program served migrant children. Reports indicated that needy children regardless of residence status receive free school lunches. To obtain complete information on this point, special means would need to be developed, since separate school lunch records are not kept for migrant children as a group. (For an article on The Wiggins Migrant School see the Amer. School Food Serv. News, 10(5) 51, Oct. 1956.)

NUTRITION COMMITTEE NEWS. Members of the ICNESL give consultant service and make contributions to USDA's Nutrition Committee News. For this year's issues on adult nutrition, ICNESL members helped assemble examples of types of nutrition programs for adults conducted by their State and regional counterparts.

UNIFYING NUTRITION COMMITTEE MEMBERS IN THE COUNTRY. Members of ICNESL have continued (as they have since 1945 when the War Food Administration was terminated) to maintain liaison with 34 State and 2 city nutrition committees as well as a few other local committees. As formerly, this has been done through correspondence and through visits when ICNESL members were in the States on official business for their agencies, and when officers of State and city committees were in Washington, D. C.

The annual meeting of the American Home Economics Association, held in Washington, D. C., this year, provided an opportunity for nutrition committee members to meet at a 2-hour breakfast meeting on June 26. (See NCN, September-October 1956).

Materials

PREPARATION. ICNESL revised two of its publications this year. As usual, member agencies volunteered to process the publications since ICNESL has no funds of its own.

The Committee's "Selected References on Nutrition and School Lunch" was revised for the third time. The newest edition was published in January 1956 by the Fish and Wildlife Service of the Department of the Interior. (Earlier editions were published by the Nutrition Programs Service

of the Department of Agriculture and by the Office of Education of the Department of Health, Education, and Welfare.)

A second Committee publication "Nutrition Education and School Lunch Activities of Agencies Represented on the Interagency Committee on Nutrition Education and School Lunch" was revised by the committee in May 1956 and issued by the Nutrition Programs Service of USDA. It is for use of persons who work with students and for inservice staff training programs.

REVIEW AND SUGGESTIONS. Members of ICNESL, along with other reviewers, gave suggestions during preparation of "Essentials of An Adequate Diet" by the Household Economics Research Branch of USDA's Agricultural Research Service. The bulletin, released June 26, 1956, is source material for those in nutrition education who teach principles of good food selection. It contains a daily food plan, indicates how this plan measures up in providing an adequate diet, and tells how the plan developed.

ICNESL agencies and their representatives, 1956-57

DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

Public Health Service

Division of Special Health Services.—Dorothy M. Youland, chairman, ICNESL; Beth Heap.

Division of Indian Health.—Dr. Bertlyn Bosley.

Office of Education

Division of Vocational Education, Home Economics Education Branch.—Dr. Johnie Christian, Mrs. Virginia T. Thomas.

Division of State and Local School Systems, Instruction Organization and Services Branch.—Elsa Schneider, Dr. Helen K. Mackintosh.

Social Security Administration

Children's Bureau, Division of Health Services.—Marjorie Heseltine, Helen Stacey.

DEPARTMENT OF AGRICULTURE

Agricultural Marketing Service

Food Distribution Division, Technical Service Section, School Lunch Branch.—Mrs. Bertha Olsen, Janet McFadden.

Agricultural Research Service

Human Nutrition and Household Economics Research Branches.—Sadye F. Adelson, Dr. Esther F. Phipard.

Federal Extension Service

Division of Home Economics Programs.—Dr. Evelyn Blanchard Spindler, Mrs. Helen D. Turner, Mary Kennington.

Foreign Agricultural Service

Foreign Training Division.—Ruth Ethridge, Gertrude Drinker.

DEPARTMENT OF THE INTERIOR

Fish and Wildlife Service

Technological Laboratory.—Mrs. Rose G. Kerr, Dr. Hugo Nilson.

Bureau of Indian Affairs

Norma Runyan.

INTERNATIONAL COOPERATION ADMINISTRATION

Office of Food and Agriculture

Institutions Branch.—Dr. Katharine Holtzclaw.

AMERICAN NATIONAL RED CROSS

Dorothy L. Bovee, vice chairman, ICNESI; Mrs. Kester L. Hastings.

FOOD AND AGRICULTURAL ORGANIZATION OF THE UNITED NATIONS

North American Regional Office

Jean McNaughton.

CHAIRMEN OF NUTRITION COMMITTEES

CALIFORNIA. Mrs. Jane S. Pirkey, Food Administrator, Youth Authority, Room 401, State Office Bldg., Sacramento.

CONNECTICUT. Mrs. Martha Smith Fry, Rock and Rill Farm, R.F.D. 2, Wallingford.

GEORGIA. Lucia Hunt, Chief Dietitian, Griffin-Spalding Hospital, Griffin.

ILLINOIS STATE. E. L. Wittenborn, Chief of Administration, Bureau of Administration, Illinois Department of Public Health, Room 109, Capitol Bldg., Springfield.

CHICAGO, ILLINOIS. Mrs. Madge Little, Director, Home Economics, American Dry Milk Institute, 211 N. LaSalle St., Chicago 1.

INDIANA. Vola Simpson, Department of Home Economics, Ball State Teachers College, Muncie.

IOWA. Julia Dearchs, State Nutritionist, Iowa State Department of Health, Des Moines 19.

KANSAS. Ruby Scholz (Cochairman), School Lunch Program, State Department of Public Instruction, Topeka; and Georgian H. Smurthwaite (Cochairman), Program Development, Extension Service, Kansas State College, Manhattan.

KENTUCKY. Doris Tichenor, Route 4, Lexington.

LOUISIANA. Mrs. Alice Graham, Head, Home Economics Department, Louisiana Polytechnic Institute, Ruston.

MAINE. Gertrude Griney, Director, School Lunch Program, Department of Education, Augusta.

MARYLAND. Eleanor McKnight, Baltimore Department of Health, Baltimore 3.

MASSACHUSETTS (Subcommittee of the Central Health Council). Mrs. Elizabeth Caso, Nutritionist, Department of Public Health, Cambridge City Hall, Cambridge.

MICHIGAN (Acting Chairman). Mr. Norman E. Teller, Chief, School Lunch Division, Michigan Department of Public Instruction, Lansing.

MINNESOTA. Ruth Stief, Supervisor, Nutrition Unit, State Department of Health, University of Minnesota Campus, Minneapolis 14.

MISSOURI. Dr. L. M. Garner, Division of Public Health, Department of Public Health and Welfare, Jefferson City.

MISSISSIPPI (Subcommittee of State Home Economics Associations). Marcia Sanders, Forrest County Health Department, Hattiesburg.

NEVADA. Gertrude Hayes, Agricultural Extension Service, University of Nevada, Reno.

NEW HAMPSHIRE. Mrs. Aline Cavanaugh, Supervisor of Field Service, New Hampshire State Department of Welfare, Concord.

NEW JERSEY. Verna Danley, Home Economics Education, State Department of Education, 175 W. State St., Trenton 8.

NEW MEXICO. Mrs. Mildred Latini, Executive Director, Dairy Council of Northern N. Mex., 302 San Mateo Blvd., N. E., Albuquerque.

NEW YORK STATE. Marguerite J. Queneau, N. Y. State Department of Health, 39 Columbia St., Albany 7.

NEW YORK CITY (Food and Nutrition Committee of Community Council of Greater N. Y., Inc.). Mrs. Eva S. Banks, Community Service Society, 105 East 22 St., New York 10.

OHIO. Izola Williams, Ohio Department of Health, State Office Bldg., Columbus 15.

OKLAHOMA. Esther M. Munsil, Tulsa Dairy Council, 312 Wright Bldg., Tulsa 3.

RHODE ISLAND. Walter Ortner, Executive Secretary, R. I. Restaurant Association, 29 Weybossett St., Providence 2.

SOUTH CAROLINA. Dr. D. W. Watkins, State Grange, Clemson.

SOUTH DAKOTA. I. E. Larson, Department of Social Work, University of South Dakota, Vermillion.

TEXAS. Louise Mason, Cooperative Extension Work in Agriculture and Home Economics, College Station.

UTAH. Marian Bennion, Department of Food and Nutrition, Brigham Young University, Provo.

VERMONT. Blair Williams, Asst. Prof. of Foods and Nutrition, Home Economics Department, University of Vermont, Burlington.

VIRGINIA (Subcommittee of the Va. Council of Health and Medical Care). Janet L. Cameron, Food and Nutrition Specialist, Extension Service, Virginia Polytechnic Institute, Blacksburg.

WASHINGTON. Dr. Velma Phillips, Dean, College of Home Economics, State College of Washington, Pullman.

WEST VIRGINIA. Dr. Walter R. Lewis, Head, Department of Agricultural Biochemistry, West Virginia University, Morgantown.

PUERTO RICO. Mrs. Margarita Marchand, School Lunch Division, Department of Education, San Juan 19.

VIRGIN ISLANDS. Mrs. Elizabeth Michael, Home Economics, Department of Education, Charlotte Amalie, St. Thomas.

MATERIALS

Listing of these materials is for the information of readers and does not necessarily mean recommendation. Materials may be obtained from the addresses given. "GPO" refers to Superintendent of Documents, Government Printing Office, Washington 25, D. C.

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